

- EDUCATION** The Pennsylvania State University, B.S., Marketing – May 1984
- EMPLOYMENT** AUTHOR, *The Super Allergy Girl™ Allergy & Celiac Cookbook, From A Mother Who Knows™*, © 2007, ISBN# 978-0-9797542-0-3
- THE ROOSTER CROWS™, President, 2005- present
- DERMIK LABORATORIES, A Rhone-Poulenc Rorer Company  
Field Sales Representative, 10/91-3/94
- BAUSCH & LOMB, Sales Executive, 4/88 – 9/91
- XEROX CORPORATION, Sales Representative, 6/84 – 3/88
- PENN STATE UNIVERSITY, Resident Assistant, 9/81 – 5/84
- PEOPLES NATIONAL BANK, Bank Teller & Bookkeeper, 9/78 – 9/82
- LEADERSHIP** TOASTMASTERS INTERNATIONAL, Club President, 7/04 – 6/05
- EXPERIENCE** WNY GLUTEN FREE DIET SUPPORT GROUP, 2001-2003  
Co-Chairperson for 6 months & assisted fund raising Chair (2 years)
- ALPHA OMICRON PI INTERNATIONAL FRATERNITY  
Regional Director, 10/85 – 4/87  
Colony President/Founder, Penn State Chapter 5/81 – 2/82  
Vice-President, Penn State Chapter 2/82 – 4/87
- PARMI NOUS, Penn State Leadership Society, President 3/83 – 3/84
- PENN STATE TOTAL ALCOHOL AWARENESS PROGRAM, 5/83 – 5/84
- PENN STATE PANHELLENIC COUNCIL, Public Relations Director '82-'83
- LA VIE, The Penn State Yearbook, Organizations Staff 9/79 – 7/81
- PENN STATE RESIDENTIAL LIFE, Orientation Leader 8/80 – 5/81
- HONORS** TOASTMASTERS INTERNATIONAL, Public Speaking Awards 12/03-6/07  
Competent Toastmaster 2003, Competent Leader 2004, Advanced Toastmaster-Bronze 2006, and Advanced Toastmaster-Silver 2007
- ALPHA OMICRON PI INTERNATIONAL FRATERNITY,  
EHA Award, Outstanding Senior Award – Region One
- PARMI NOUS, Secret Penn State Leadership Society (1 of 20 invited to membership out of 30,000 students on Main Campus)
- ADDITIONAL TRAINING** Over 60 hours of IACET credentialed CEU's in leadership & communication
- REFERENCES** Available upon request.